


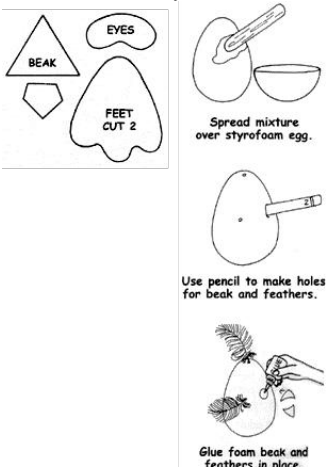
Pre-K Class, Month: April

Camping, Nature, The Desert, Spring and Easter

Theme: Camping, Nature, the Desert, Spring, Easter

Activity 1	Activity 2	Activity 3	Activity 4
<p>Natural Dyes: Collect items from nature, such as grasses, leaves, and berries. Cut a 7" x 14" piece of muslin. Place the items on one half of the fabric, then fold the other half over. Let the children pound the items through the muslin with a small hammer or mallet. Continue until all items have been pounded flat. Open the fabric and shake away the items to find a beautiful natural dyed collage.</p>	<p>Shadow Traces Materials: Sidewalk chalk Activity:</p> <ol style="list-style-type: none"> Students take turns tracing each other's shadow. Decorate the shadows 	<p>My Garden This is my garden; (extend one hand forward, palm up) I'll rake it with care, (make raking motion on palm with three fingers of other hand) And then some flower seeds (planting motion) The sun will shine (make circle with hands) And the rain will fall, (let fingers flutter down to lap) And my garden will blossom (cup hands together; extend upward slowly) And grow straight and tall.</p>	<p>Spring Hats Materials: Paper bowls, paper plates, ribbon, fake flowers, glitter, stickers, markers, glue For each girl glue the bowl in the middle of the paper plate and cut out a circle in the place making a hat with a brim. The boys can use just the bowl. Punch holes in the hats for ribbons and the children can decorate the hats with the materials.</p>
<p>When the Leaves Are on the Ground When the leaves are on the ground, Instead of on the trees, I like to make a great big pile of them Way up to my knees. I like to run and jump in them And kick them all around. I like the prickly feel of them And the crickly, crackly sound.</p>	<p>Carnation Movement Materials: carnations, food coloring Place the carnations in water. Add food coloring. Ask each student to give their hypothesis of what is going to happen. Write them down. Record what happens over several days. (The color will move up to the flower.)</p>	<p>Round and Round the Garden Round and round the garden like a teddy bear <i>(swirl your index finger around palm of child's hand)</i> One step, Two step <i>(walk fingers up child's arm)</i> Hidden under there! <i>(tickle child's underarm)</i></p>	<p>Movement and Exploration Hoops: Materials: Hoops Roll with one hand; spin the hoop and run, skip, walk or hop by it until it drops; jump in and out of a hoop on the floor; rotate on foot, hand, waist, or neck; toss hoop in the air and catch it.</p>
<p>Egg Heads MATERIALS Eggshells, dirt, grass seeds, markers DIRECTIONS Carefully break off the top third of an eggshell. Empty, clean and dry the rest of the shell. Decorate the egg with a face, broken edge up. Place the shell in an egg carton, and carefully spoon potting soil in it. Sprinkle grass, radish or alfalfa seeds on top. Water lightly. The seeds will sprout in a few days and spoon gives the face a full head of hair. After about a week, poke holes in the bottom with a nail and set the shells in a pot of soil or in the ground.</p>	<p>Closing Pine Cones Place a pine cone in a container of water. As the pine cone absorbs the water, the pine cone will close it's stems to protect its seeds. Use different types of pinecones. This takes about ½ hour.</p>	<p>Cubes Materials: Small cubes Make a pattern with the cubes. Make a design. If you laid one block down and then placed two underneath and so forth (see below), how many would be in the fifth row? How many blocks total?</p> 	<p>Outside Drawings Material: Clip boards, pencils, paper Go on a nature walk to a specific place. The students can then draw what they see on their clip boards. It might be a tree, a rock or something else. Write about what they saw.</p>
	<p>Flower Bottles Materials: bottles, netting, tape Fill the bottles with different smells of potpourri. Cover the tops with netting and tape closed. What do the scents smell like? Which do you like? Which don't you like?</p>	<p>Pressed Stained Glass MATERIALS Waxed paper, flower petals, leaves DIRECTIONS Place the flowers and leaves on a sheet of waxed paper. Cover with a second sheet of waxed paper. Place on an ironing board and cover with a dish towel. Iron the two pieces of waxed paper together on a low setting. Tape the collage on a window.</p>	<p>Movement and Exploration Parachute Play Materials: Parachute Make waves with it; put a ball in it and roll it to a friend; run in a circle with it and have some children run under it.</p>


<p>Rose Necklaces MATERIALS 6 to 9 red roses, ½ cup flour, 1 tbs. salt, 2 tbs. water, large bowl, toothpick, yarn</p> <p>DIRECTIONS Tear the petals into small pieces, then crush them between the palms of your hands. Mix the flour, salt and water in a bowl until the dough is firm. Knead the petal pieces into the dough. Cover with plastic and refrigerate for half an hour. Once chilled, roll the dough into ½ to 1 inch balls and use a toothpick to make a hold through the center of each. Air dry for several days before stringing them on yarn for a necklace.</p>	<p>Nature Center Pieces Materials: Wood, glue, pine cones, other things from nature, glitter, paint. Paint the wood piece any color. Glue the nature items onto the piece of wood. Decorate with glitter, feathers or anything. Use as a centerpiece for the table decoration.</p>	<p>Fading Sun Materials: Dark Construction paper, any type of item Place the items on the construction paper. Place it in the sun. After several hours, remove the objects. The sun should have faded the construction paper and left a print of the items.</p>	<p>Leaf Shading Materials: Paper, leaf shapes, crayons, Leaf Stencils Place the leaves underneath the paper, color over with a crayon to make leaf shading. Trace through the stencils to make leaf designs</p>
<p>Movement and Exploration Bean Bag Balance Materials: Bean Bags Balancing bean bags on various parts of the body</p>	<p>Leaf Print: Squeeze white glue around edges of the top side of a leaf and stick to a piece of cardboard. Ink the leaf with paint or by pressing it into a stamp pad. Make the leaf print by pressing the inked side of the leaf onto the paper. Repeat for desired design.</p>	<p>Nature Stencils Materials: leaves, paper, paint Collect leaves. Make sure they are not dry. Lay them out onto the paper in a design. Paint over the leaves. Carefully remove the leaves. You should have a negative design.</p>	<p>Movement and Exploration Ball Play Materials: Balls, hoops Balls: throw a ball up, down, through a hoop, backwards; bounce it, catch it; bounce while running, walking, hopping or skipping; kick it while stationary; kick a thrown ball, or kick with your eyes closed.</p>

<p>Lambs MATERIALS Glue Small plastic cup, a L'eggs panty hose egg or a plastic deli container, Large bag or box of cotton balls, Four miniature spring-action clothespins, Paintbrush and white paint, Black marker, Black pompon (available at craft stores), Black felt, Googly eyes</p> <p>DIRECTIONS Spread glue all over the cup and cover it with a coat of cotton balls. Paint four clothespins white and color the bottom tips (the part you squeeze) with black marker. Clip clothespins at even intervals around the bottom of the cup to form legs. Glue a black pompon into position as the head, then glue on two ears cut from black felt. Attach googly eyes to the head--and don't forget to add one last cotton ball as a fluffy tail.</p> 	<p>Nature T-shirts MATERIALS Solid-colored T-shirt Assorted natural objects (leaves, ferns, and flowers) Rubber gloves Spray bottle Bleach Bucket Water</p> <p>DIRECTIONS STEP 1. Lay the shirt outdoors on a hard, flat surface, such as cement, away from anything that might be damaged by bleach. Arrange the leaves, flowers and other objects in a simple design on the shirt. Only the silhouettes of the items will show, so objects with distinctive shapes work best. If there's a breeze, place stones on the objects to hold them in place.</p> <p>STEP 2. This step is for adults only: wearing rubber gloves, spray the shirt lightly with bleach around all the edges of the design. Let the shirt set until you see the color start to change, about one minute or so. Carefully remove and dispose of the flowers and leaves.</p> <p>STEP 3. Submerge the shirt in a bucket of water and thoroughly rinse it. This stops the bleach from eating through the fabric. Put it through the washer and dryer, and your masterpiece is ready to wear. Note: Be sure to label the spray bottle or empty and rinse it immediately.</p>	<p>Macramé Materials: Twine, cardboard, pins Cut 9 equal lengths of twine about 6' long each. Divide the twine into three equal lengths. Show how to braid the twine, tying it at the end and making it into a belt. Add beads at the end of the twine.</p>	<p>Leaf Placemats Materials: Large construction paper, leaves, flowers, markers</p> <p>Activity: Glue the leaves and flowers on the construction paper. Let dry. An adult can use contact paper to place over the top of the leaves to make a placemat.</p>
<p>Plant Flowers Materials: small containers for plants, seeds, dirt Activity: 1) Plant a flower for each child.</p>	<p>Petal Paint MATERIALS flowers, leaves or grass, white paper, newspaper, rolling pin</p> <p>DIRECTIONS Collect a variety of colorful flowers, leaves or grass. Put a piece of white paper on top of several sheets of newspaper. Pull the petals off the flowers and arrange them along with the leaves and grass on the paper. Cover with another piece of paper. Roll a rolling pin, pushing down hard, over the paper. Lift off the top sheet and remove the pulp. The color has been pressed out of the petals.</p>		

Pre-K Class, Month: May 2004


Theme: Animals (Ocean, Farm and Zoo)

<p>Ants on a Log MATERIALS Celery sticks Peanut butter Raisins</p> <p>DIRECTIONS Spread peanut butter on celery sticks, top with raisins!</p>	<p>Aquariums MATERIALS Graham crackers Blue icing Goldfish crackers</p> <p>DIRECTIONS Spread the icing on the graham crackers and top with the goldfish. Enjoy!</p>	<p>Aquarium in a cup Make blue jello according to the directions on the box. Pour into clear plastic cups. Let them cool in the refrigerator until partially set - about an hour. When they're partially set, place a few gummy fish in each cup. Put them in the refrigerator until they're completely set.</p>	
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Date	Activity 1	Activity 2	Activity 3
Monday, May 03, 2004	<p>Watercolor Butterflies MATERIALS Paper coffee filters, Glue and glitter,, Watercolors and paintbrushes, Clothespins (spring-action or old-fashioned), Colored paper, Markers</p> <p>DIRECTIONS To color the filters, either dab on watercolor paint with a brush or draw on designs with markers--or both. For a shimmery effect, your child can also add glitter-and-glue designs. Once the filter is dry, pinch it in the middle like a bow tie. Slide or clip a clothespin onto it and fan out each side of the filter to resemble a butterfly's wings. Cut two strips of construction paper, approximately the size of matchsticks, and glue them onto the clothespin for a pair of antennae.</p>	<p>Lady Bug Match Materials: Lady bugs with numbers and dots to stick on. Match the correct number of dots to the lady bug with the correct number.</p>	<p>"Nature Friendly" Bumble Bee Song</p> <p>(cup hands) I'm bringing home a baby bumblebee Won't my mommy be so proud of me I'm bringing home my baby bumble bee Ouch! it stung me! (open up hands) I'm letting go of the baby bumblebee Won't my mommy be so proud of me I'm letting go of the baby bumblebee (wave good bye) Bye!!</p> <p style="text-align: right;">Yoga with Teacher Jane</p>
Tuesday, May 04, 2004	<p>Rainbow Fish Materials: Red, Blue, Yellow tempera paint, brushes, 12x18 white paper, water , egg cartons (for mixing), *glitter pencils scissors (for the 2nd 1/2 of lesson), , Mix purple, green, and orange by adding combinations of your primary colors in egg cartons. Paint a slightly wavy rainbow in each color across paper. Let dry. When dry, turn paper over and make a large fish, (if young you may want to give them a basic stencil) I try not to do this, if they choose to use it, I encourage them to create some cool fins , tails, eyes, etc... Cut out the fish, and of course, the back is rainbow. Take the paper that is left and make a tabbed (paper folded so it sticks out) shape fin, put it in front of fish, add some cool eyes and any other relief you want. I add a glitter table station, for those who want to jazz it up. Scales, eyes, etc...</p>	<p>Cubes Materials: Small cubes Make a pattern with the cubes. Make a design. If you laid one block down and then placed two underneath and so forth (see below), how many would be in the fifth row? How many blocks total?</p> <div style="text-align: center;">  </div>	<p>Bear Hunt</p> <p>Let's go on a bear hunt. (slap hands together) I see a wheat field. Can't go over it. Let's go through it. (brush hands together) I see a bridge. Can't go around it. Let's go over it. (slap hands together). I see a lake. Can't go over it, can't go under it, let's swim.(arms swimming) I see a tree. Can't go over it, can't go under it, let's go up it. (climb with arms) I don't see any bears, (look around) Let's go down.. I see a swamp. Can't go over it, can't go under it, let's go through it. (pull hands up and down slowly) I see a cave. Can't go over it, can't go under it, let's go in. (slowly slap knees) I see two eyes. I see two ears. I see a nose. I see a mouth. Yikes! It's a bear!!! Let's get out of here. (reverse movements very fast)</p> <p style="text-align: right;">Public Speaking (Share Day) Children share items, stories, jokes etc...</p>
Wednesday, May 05, 2004			<p>Birds Flying</p> <p>Up, up in the sky, the little birds fly (fingers flying like birds) Down, down in the nest, the little birds rest. (hands form nest) With a wing on the left, and a wing on the right (hands on each hip)</p> <p style="text-align: right;">Music Class with Teacher Jeffrey</p>

			Let the little birds rest all night. (head to one side, like tucking under wing) "shhhhh!! You might wake up the birdies!"(yelled, of course) The bright sun comes up, the dew falls away, good morning, good morning the little birds say.	
Thursday, May 06, 2004	<p>Ocean in a Bottle Materials: 1 clear plastic 16 oz soda bottle with a cap., ¼ cup light cooking oil, ½ tbs blue powdered tempera paint, water, funnel</p> <p>Activity:</p> <ol style="list-style-type: none"> 1) Mix oil and blue powdered tempera paint together in a bowl. 2) Let the mixture set for 10 minutes. This allows any powdered tempera paint that has not dissolved to settle at the bottom of the bowl. 3) Using the funnel, slowly pour the oil into the plastic soda bottle. Do not pour the sediment at the bottom of the bowl into the bottle. 4) Using the funnel, pour water into the bottle until it is full. Screw the cap on the bottle tightly. Slowly tilt the Ocean in a bottle right to left and watch as the waves crash against the sides 		<p>Elephant</p> <p>One little elephant went out to play On a spider's web one day. He had such enormous fun He called for another elephant to come.</p> <p>Repeat: Two, three, etc. and have each child join an elephant train.</p>	<p>Movement and Exploration FROG LEGS DIRECTIONS Mark a starting and finish line on a level section of ground. Contestants line up side by side in squatting positions behind the starting line and clasp their fingers around their legs just above the ankles. When the race begins, everyone hops toward the finish line. A player who loosens her handhold at any time during the race is disqualified. A child who loses her balance and falls over can remain in the race provided that she gets back on her feet without losing her handhold. The first player to hop over the finish line wins.</p>
Monday, May 10, 2004	<p>Crayons with salt water wash: Draw with crayons on dark construction paper. Then paint the entire picture with a mixture of lots of salt and water. When the water dries, the picture will sparkle.</p>	<p>Volume Materials: Attach a container of water to a tricycle. Punch a hole near the bottom. Students ride the tricycles around and try to get back before they run out of gas.</p>	<p>FIVE CUDDLY BEARS</p> <p>Five little cuddly bears. Playing near the shore, One caught a shiny fish. And then there were four.</p> <p>Four little cuddly bears. Sleeping beneath a tree, A bee came and stung once, And then there were three.</p> <p>Three little cuddly bears Dressed in navy blue. One of them tore his suit, And then there were two.</p> <p>Two little cuddly bears Rolling in the sun, One rolled down the hill And then there was one.</p>	Yoga with Teacher Jane
Tuesday, May 11, 2004	<p>Newspaper Painting: Use sheets of used newspapers instead of ordinary paper. Wash background colors of paint over the paper so the printing shows through the paint. Then paint designs or pictures over the wash so that they will have a transparent effect and the printing will show through the paint.</p>		<p>FIVE LITTLE ANTS</p> <p>Five little ants in an ant hill (close fist, palm down) Busily working and never still. (wiggle knuckles) Do you think they are alive? See them come out... One, two, three, four, five. (bring fingers out one at a time)</p> <p>These five little ants near an ant hill, (wiggle fingers of one hand toward closed fist of other hand) Run as hard and run with a will, To gather food to keep alive. Now they go in...</p>	Public Speaking (Share Day) Children share items, stories, jokes etc...

			One, two, three, four, five. (close fingers into fist)	
Wednesday, May 12, 2004	<p>Egg Carton Animals Materials: Egg Cartons, pipe cleaners, paint, markers Using sections of 1 – 6 parts, make different animals such as caterpillar, dog, cat, bug, camel, etc.</p>		<p>FIVE LITTLE DUCKS Five little ducks went out to play Over the hill and far away. Mama duck said "Quack, quack, quack." Four little ducks came waddling back. Repeat: Four little ducks, three little ducks, etc. When you get to 0 ducks, end with "But when the Daddy duck said "QUACK, QUACK, QUACK." five little ducks came waddling back!</p>	Music Class with Teacher Jeffrey
Thursday, May 13, 2004	<p>Rain Painting MATERIALS Paper plate (Chinet or other uncoated plate) Food coloring White crayon</p> <p>DIRECTIONS After sprinkling a few drops of food coloring on a paper plate, your child can don her rain gear and walk outdoors with the plate for about a minute. You can also have your child run through the sprinklers. For a batik effect, try drawing a white crayon design on the plate before adding the food coloring</p>		<p>Five Little Frogs Five little speckled frogs Sitting on a hollow log Eating some most delicious bugs Yum Yum One jumped into the pool Where it was nice and cool Now there are four speckled frogs Glub, glub ...and so on in descending order</p>	<p>Movement and Exploration LEAPING LILY PADS MATERIALS seats colorful bandanas radio</p> <p>DIRECTIONS For this bouncy version of musical chairs, instead of setting up seats, arrange a circle of lily pads (colorful bandanas) on the ground. While one person operates the radio, the other players act like frogs, hopping around the outside of the lily pads and croaking. When the music stops, each frog must claim a lily pad by jumping on it. For each new round, one bandana is removed from the circle. The game continues until one frog wins the last lily pad.</p>
Monday, May 17, 2004	<p>Newspaper Hats MATERIALS A bowl that fits on your child's head 10 sheets of newspaper (in this case, one sheet equals just the left or right side; you don't need the big square spread) Scissors Tape Paint (tempera paint works well) Paintbrush 2 paper cups Construction paper Glue stick</p>		<p>Five Little Monkeys <i>(Begin with 5 fingers splayed and palm away from you, swinging hand to rhythm of verse...)</i> Five little monkeys swinging from a tree, teasing Mr. alligator, you can't catch me, you can't catch me. <i>(whisper)</i> Along comes Mr. alligator, <i>(Put palms together and slither hands like an alligator)</i> quiet as can be, and SNAPPED THAT MONKEY RIGHT OUTTA THAT TREE. (louder, and clap hands with the word SNAP) <i>(Repeat with 4,3,2,1 monkeys)</i></p>	Yoga with Teacher Jane
Tuesday, May 18, 2004	<p>DIRECTIONS 1. Turn the bowl upside down on the table. Wet one sheet of newspaper in the sink, making sure it gets soaked. Lay it over the bowl and press down firmly along the edges. Then repeat the procedure with seven more sheets, alternating the direction of the paper each time you lay down a sheet over the bowl. Let it dry overnight. In the morning, you can lift off the newspaper, and it will retain the shape of the bowl. 2. Use scissors to trim the edge of the newspaper</p>		<p>Five Little Monkeys Jumping on the Bed <i>(Begin with 5 fingers splayed and palm away from you, bouncing hand to rhythm of verse...)</i> Five little monkeys jumping on the bed One fell off and bumped his head <i>(hold up one finger, then rub head)</i> Mommy called the doctor and the doctor said, "NO MORE MONKEYS JUMPING ON THE BED!" <i>(Index finger out, shaking in chastising manner)</i> Four little monkeys... etc.</p>	Public Speaking (Share Day) Children share items, stories, jokes etc...

<p>Wednesday, May 19, 2004</p>	<p>into points. Don't trim points into the front; this part will become the dragon's snout.</p> <p>3. Fold the points to the inside of the hat and tape. To make the snout, roll the brim to the outside and tape it to the front of the hat (use loops of tape so it won't show).</p> <p>4. Paint the entire hat green (or whatever color you like).</p> <p>5. Accessorize. Here are some key body parts we added—but why limit yourself? Use the same basic bowl shape with different decorations to create a lion, a cat, a dog, a unicorn, you name it.</p> <p>EYES: Cut the top inch or so (depending on how much you want the eyes to bulge!) off a paper cup. Cut tabs and fold them back. Repeat on the second cup. Paint the cups green. When dry, glue construction paper circles (eyeballs) to the cups and glue the eyes onto the hat using the tabs.</p> <p>TAIL: Fold a double layer of newspaper (the last two sheets) into a long, triangular shape. Paint it green and let dry. Attach it to the inside back of the hat with tape so that the point runs down your child's back.</p> <p>SPIKES: Each spike is made from two triangles of construction paper glued together. Leave the bottom unglued and fold back so that they'll attach easily to the hat.</p> <p>TEETH AND TONGUE: Cut teeth and tongue from construction paper. Curl the tongue around a pencil before attaching it to the inside of the hat with tape.</p>		<p>Five Little Puppies Five little puppies were playing in the sun. <i>(hold up hands, fingers extended)</i> This one saw a rabbit, and he began to run. <i>(bend down first finger)</i> This one saw a butterfly, and he began to race. <i>(bend down second finger)</i> This one saw a cat, and he began to chase. <i>(bend down third finger)</i> This one tried to catch his tail, and he went round and round. <i>(bend down fourth finger)</i> this one was so quiet, he never made a sound. <i>(bend down thumb)</i></p>	<p>Music Class with Teacher Jeffrey</p>
<p>Thursday, May 20, 2004</p>	<p>Paper Chain Caterpillar Materials: Strips of colored paper, tape, one circle Using 1 circle as the head, make chains for the body of the caterpillar.</p>	<p>Cubes Materials: Small cubes Make a pattern with the cubes. Make a design. If you laid one block down and then placed two underneath and so forth (see below), how many would be in the fifth row? How many blocks total?</p> 	<p>FIVE LITTLE ROBINS Five little robins lived in a tree. A father, a mother, and babies three. Father caught a worm, Mother caught a bug, This one got the bug, This one got the worm, And this one sat and waited for his turn.</p>	<p>Movement and Exploration Bean Bag Balance Materials: Bean Bags Balancing bean bags on various parts of the body</p>
<p>Monday, May 24, 2004</p>	<p>Fish Paper Plate Craft Materials: Paper plate Scissors Glue (or tape or a stapler) Googly eyes optional) Crayons, paint or markers</p> <p>Cut a wedge out of a paper plate. The wedge will be the fish's tail; the hole will be the fish's mouth. Glue (or use tape or a stapler) the tail to the end of</p>		<p>Little Rabbit Little rabbit in the forest wood. Little man by the window stood. Saw a rabbit hopping by, Knocking at the door. Help me, help me, was his plea. Before the hunter exterminates me. Little Rabbit come inside, Safely to abide.</p>	<p>Yoga with Teacher Jane</p>

	the fish. Glue a googly eye on the fish (glue on two eyes if you want a flounder) or simply draw eye(s). Color in the fish, drawing scales, lips, and so on.			
Tuesday, May 25, 2004	Spin Art Materials: Salad Spinner, paper, paint Place the paper in the salad spinner. Drop one or two drops of paint onto the paper. Spin the salad spinner to make a picture.		SIX LITTLE DUCKLINGS There were six little ducklings I once knew, A fat one, skinny one and that made two But the one little duck with the feathers on his back, He ruled the others with his quack, quack, quack. Down to the river, they did go, Wiggle, wobble, wiggle, wobble to and fro, But the one little duck with the feathers on his back, He ruled the others with his quack, quack, quack, He ruled the others with his quack, quack, quack.	Public Speaking (Share Day) Children share items, stories, jokes etc...
Wednesday, May 26, 2004			The Fuzzy Caterpillar Sung to the tune of "Eensy Weensy Spider" The little fuzzy caterpillar, Curled up on a leaf. Spun her little chrysalis, and then fell fast asleep. While she was sleeping, She dreamed that she could fly, And later when she woke up, she was a butterfly.	Music Class with Teacher Jeffrey
Thursday, May 27, 2004	Four's Graduation Party			